



ST. GERTRUDE
CHURCH

The Fridge Sheet

Praying with the Psalms

- We learned that Prayer of Praise is simply praising God for who he is, not what he has done.
- Using the prayer time from your Family Faith session as a guide, try implementing Prayer of Praise in the morning, before bed, or anytime during the day!
 - Psalms of Praise to pray together: 23, 100, 138, 145, 150 (just to name a few).
 - You can also split your family into two groups and alternate reading the stanzas.
 - End by praying together the Glory Be.
 - *All Glory Be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.*
 - Petitions: Go around and have each family member share who or what they would like to pray for.
 - Closing Prayer: In your own words, close this time of prayer with God.