



# The Fridge Sheet

## Conversation Starters:

- Parents: Share with your children about how they remind you of yourselves when you were their age.
- For parents: What do you see in your children that reminds you of yourself?
- For children: What do you see in your parents that reminds you of yourself?

For more on the Adamic/Creation Covenant, visit  
[stgertrude.org/familyfaith](https://stgertrude.org/familyfaith)

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