



ST. GERTRUDE
CHURCH



Going Deeper: Memorize the 10 Commandments

This month, we invite families to memorize the 10 Commandments. We memorize important things in life, not so we can show off or win trivia contests, but because they matter. In Psalm 1, we read that men and women are truly blessed (happy!) when they meditate on the Lord's law day and night. Why? Because the 10 Commandments give us the insight we need to live our relationships well—with God and with others. So, memorizing the 10 Commandments is a key step in being able to meditate on the Lord day and night.

1. I am the Lord your God: you shall not have strange Gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.