



ST. GERTRUDE  
CHURCH



# Going Deeper: Behold the Lamb

John the Baptist declared that Jesus is the "Lamb of God." Every time we participate in the Mass, we hear the priest utter the same line as John the Baptist, when he holds up the consecrated host and says, "Behold the Lamb of God, behold him who takes away the sins of the world." As the priest says this with the consecrated host elevated for all to see, we have an opportunity to look upon Jesus, the Lamb of God, in a moment of adoration.

Did you know that this experience of adoration, of looking upon the face of God, is available to you at St. Gertrude every day from 7:30 a.m. to 9:00 p.m.?

In Eucharistic exposition, the same host that is consecrated in the Mass, the bread that is Jesus' real presence, is exposed for us in a golden vessel called a monstrance (from the Latin word meaning "to show"). It's as if that moment during the Mass is extended—so to speak—outside of the Mass, so that we can get lost in beholding Jesus, and in being held by him.

Do your family a favor this month, and visit the Mother of Mercy Adoration Chapel located in the Parish Center.

For more information, visit [stgertrude.org/adoration](http://stgertrude.org/adoration).

**Family Faith - March**  
[stgertrude.org/ffresources](http://stgertrude.org/ffresources)