

## Going Deeper: Celebrate Your Rebirthday

The Catechism tells us that "through Baptism we are freed from sin and reborn as sons of God" (1231). In your baptism, your sins were forgiven, you were adopted as a son or daughter of God, and you were incorporated into a new family called the Church. This is a big deal worth celebrating! As a family, work together to recall each person's baptism day and mark this on your family calendar. Then, see if you can do some archeology work and find your baptismal candles, garments, certificates, and any pictures from the baptisms themselves. These can all be displayed on the given family member's baptism day. Make these days special—perhaps with a celebratory meal or dessert and by taking time to renew your baptismal promises:

Do you believe in God, the Father Almighty, creator of heaven and earth?

—I do.

Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father?

-I do.

V. Do you believe in the Holy Spirit, the holy Catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting?

—I do.

Family Faith - October stgertrude.org/ffresources