



# 3RD SUNDAY OF LENT

March 11–12, 2023



## **INTRODUCTORY RITES**

#### **PROCESSION**

I Heard the Voice of Jesus Say

INTROIT (10 a.m.)

Oculi mei semper ad Dominum, quia ipse evellet de laqueo pedes meos: respice in me, et miserere mei, quoniam unicus et pauper sum ego.

- V. Ad te Domine levavi animam meam: Deus meus, in te confido, non erubescam.
- V. Gloria Patri, et Filio, et Spiritui Sancto, sicut erat in principio, et nunc, et semper, et in saecula saeculorum. Amen.

At the ringing of the sacristy bell, all stand and sing: St. Michael Hymnal 563, verses 2 and 3

As the celebrant censes the altar, the choir sings:

My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor.

- V. To you, O Lord, I lift up my soul, my God, in you I trust; do not let me be disgraced.
- V. Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

Antiphon: Psalm 25:15–16. Versicle: Psalm 25:1–2ab Music: Dominican Chant

#### **GREETING**

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.** 

The grace of our Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all. **And with your spirit.** 

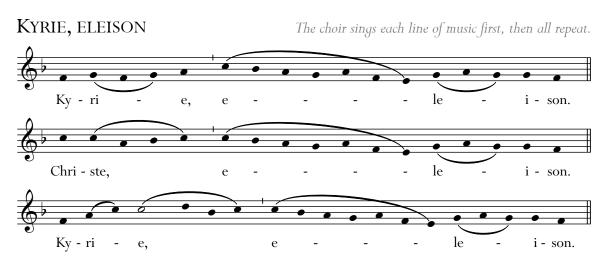
#### PENITENTIAL ACT

Brothers and sisters, let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

All strike breast three times

May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. **Amen.** 



Music: Dominican Chant, Missa XII, fourteenth century

#### COLLECT

Let us pray. O God, author of every mercy and of all goodness, who in fasting, prayer and almsgiving have shown us a remedy for sin, look graciously on this confession of our lowliness, that we, who are bowed down by our conscience, may always be lifted up by your mercy. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

Amen. All sit

## LITURGY OF THE WORD

READING I Exodus 17:3–7

In those days, in their thirst for water, the people grumbled against Moses, saying, "Why did you ever make us leave Egypt? Was it just to have us die here of thirst with our children and our livestock?" So Moses cried out to the LORD, "What shall I do with this people? A little more and they will stone me!" The LORD answered Moses, "Go over there in front of the people, along with some of the elders of Israel, holding in your hand, as you go, the staff with which you struck the river. I will be standing there in front of you on the rock in Horeb. Strike the rock, and the water will flow from it for the people to drink." This Moses did, in the presence of the elders of Israel. The place was called Massah and Meribah, because the Israelites quarreled there and tested the LORD, saying, "Is the LORD in our midst or not?"

The word of the Lord.

#### Thanks be to God.



Psalm 95:1-2, 6-7, 8-9



Come, let us sing joyfully to the LORD; let us acclaim the Rock of our salvation. Let us come into his presence with thanksgiving;

let us joyfully sing psalms to him.  $\mathbb{R}$ .

Come, let us bow down in worship; let us kneel before the LORD who made us. For he is our God, and we are the people he shepherds, the flock he guides.  $\tilde{R}$ .

Oh, that today you would hear his voice: "Harden not your hearts as at Meribah, as in the day of Massah in the desert, where your fathers tempted me; they tested me though they had seen my works."  $\tilde{\mathbb{R}}$ .

Music: Dominican Chant — Exsurge, Domine, adapted by Christopher Holman

READING II Romans 5:1–2, 5–8

Brothers and sisters: since we have been justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith to this grace in which we stand, and we boast in hope of the glory of God.

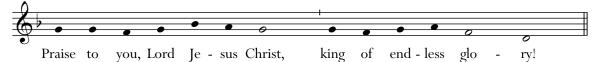
And hope does not disappoint, because the love of God has been poured out into our hearts through the Holy Spirit who has been given to us. For Christ, while we were still helpless, died at the appointed time for the ungodly. Indeed, only with difficulty does one die for a just person, though perhaps for a good person one might even find courage to die. But God proves his love for us in that while we were still sinners Christ died for us.

The word of the Lord.

Thanks be to God.

#### GOSPEL ACCLAMATION

All stand



Lord, you are truly the Savior of the world; give me living water, that I may never thirst again. R.

Verse: after John 4:42, 15

Music: Plainchant

GOSPEL John 4:5–42

The Lord be with you.

#### And with your spirit.

A reading from the holy Gospel according to John.

### Glory to you, O Lord.

Jesus came to a town of Samaria called Sychar, near the plot of land that Jacob had given to his son Joseph. Jacob's well was there. Jesus, tired from his journey, sat down there at the well. It was about noon.

A woman of Samaria came to draw water. Jesus said to her, "Give me a drink." His disciples had gone into the town to buy food. The Samaritan woman said to him, "How can you, a Jew, ask me, a Samaritan woman, for a drink?" — For Jews use nothing in common with Samaritans. — Jesus answered and said to her, "If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked him and he would have given you living water." The woman said to him, "Sir, you do not even have a bucket and the cistern is deep; where then can you get this living water? Are you greater than our father Jacob, who gave us this cistern and drank from it himself with his children and his flocks?" Jesus answered and said to her, "Everyone who drinks this water will be thirsty again; but whoever drinks the water I shall give will never thirst; the water I shall give will become in him a spring of water welling up to eternal life." The woman said to him, "Sir, give me this water, so that I may not be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go call your husband and come back." The woman answered and said to him, "I do not have a husband." Jesus answered her, "You are right in saying, 'I do not have a husband.' For you have had five husbands, and the one you have now is not your husband. What you have said is true." The woman said to him, "Sir, I can see that you are a prophet. Our ancestors worshiped on this mountain; but you people say that the place to worship is in Jerusalem." Jesus said to her, "Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You people worship what you do not understand; we worship what we understand, because salvation is from the Jews. But the hour is coming, and is now here, when true worshipers will worship the Father in Spirit and truth; and indeed the Father seeks such people to worship him. God is Spirit, and those who worship him must worship in Spirit and truth." The woman said to him, "I know that the Messiah is coming, the one called the Christ; when he comes, he will tell us everything." Jesus said to her, "I am he, the one speaking with you."

At that moment his disciples returned, and were amazed that he was talking with a woman, but still no one said, "What are you looking for?" or "Why are you talking with her?" The woman left her water jar and went into the town and said to the people, "Come see a man who told me everything I have done. Could he possibly be the Christ?" They went out of the town and came to him. Meanwhile, the disciples urged him, "Rabbi, eat." But he said to them, "I have food to eat of which you do not know." So the disciples said to one another, "Could someone have brought him something to eat?" Jesus said to them, "My food is to do the will of the one who sent me and to finish his work. Do you not say, 'In four months the harvest will be here'? I tell you, look up and see the fields ripe for the harvest. The reaper is already receiving payment and gathering crops for eternal life, so that the sower and reaper can rejoice together. For here the saying is verified that 'One sows and another reaps.' I sent you to reap what you have not worked for; others have done the work, and you are sharing the fruits of their work."

Many of the Samaritans of that town began to believe in him because of the word of the woman who testified, "He told me everything I have done." When the Samaritans came to him, they invited him to stay with them; and he stayed there two days. Many more began to believe in him because of his word, and they said to the woman, "We no longer believe because of your word; for we have heard for ourselves, and we know that this is truly the savior of the world."

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

All sit

HOMILY

Friars of the Order of Preachers

CREED All stand

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible. I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

All bow

All stand

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

#### UNIVERSAL PRAYER

Each petition concludes with:

We pray to the Lord: Lord, hear our prayer.

After the final petition, all pray:

Almighty Father, You have created us for some definite purpose. Grant us the grace to know the path You have planned for us in this life and to respond with a generous "Yes."

Make our archdiocese, parishes, homes, and hearts fruitful ground for Your gift of vocations.

May our young people respond to Your call with courage and zeal.

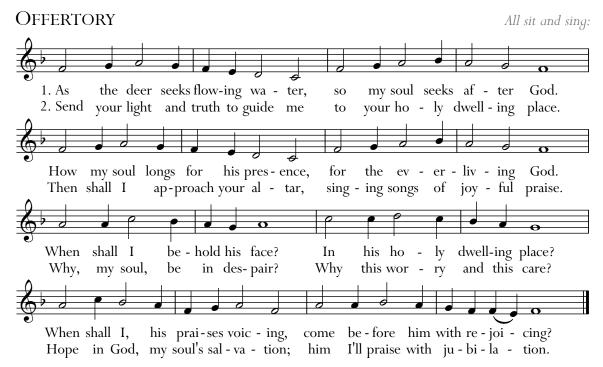
Stir among our men a desire and the strength to be good and holy priests.

Bless us with consecrated religious and those called to a chaste single life, permanent deacons, and faithful husbands and wives, who are a sign of Christ's love for His Church.

We commend our prayer for vocations to You, Father, through the intercession of Mary our Mother, in the Holy Spirit, through Christ our Lord.

Amen.

## LITURGY OF THE EUCHARIST



Words: paraphrase of Psalm 42:2–3, 12 — David Koyzis

Music: Genevan Psalter

#### **MOTET**

The choir sings:

Sicut cervus desiderat ad fontes aquarum, ita desiderat anima mea ad te, Deus.

As the deer longs for streams of water, so my soul longs for you, O God.

Words: Psalm 42:2 Music: Giovanni Pierluigi da Palestrina

## ORATE, FRATRES

All stand

Pray, brethren, that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good, and the good of all his holy church.

Be pleased, O Lord, with these sacrificial offerings, and grant that we who beseech pardon for our own sins, may take care to forgive our neighbor. Through Christ our Lord. **Amen.** 

#### PREFACE DIALOGUE AND SANCTUS

The Lord be with you.

And with your spirit.

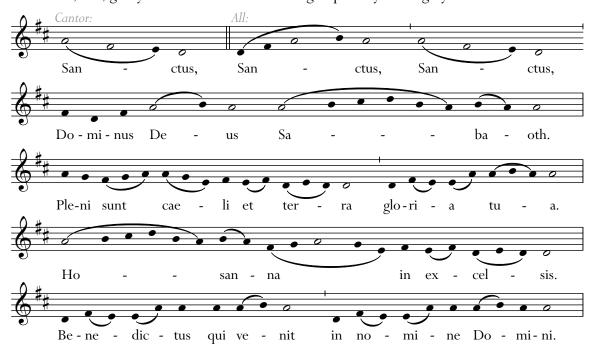
Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

#### It is right and just.

It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord. For when he asked the Samaritan woman for water to drink, he had already created the gift of faith within her and so ardently did he thirst for her faith, that he kindled in her the fire of divine love. And so we, too, give you thanks and with the Angels praise your mighty deeds as we acclaim:





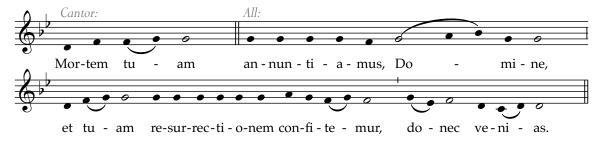
Music: Gregorian Chant, Missa XVII, ninth century

#### THE EUCHARISTIC PRAYER

All kneel

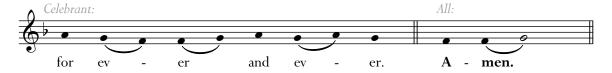
The celebrant continues with the Eucharistic Prayer. After the words of Consecration, the celebrant sings:

Mysterium fidei. or The mystery of faith.



At the conclusion of the prayer the celebrant takes the chalice and the paten with the host and, raising both, sings:

Through him, and with him, and in him, O God, almighty Father, in the unity of the Holy Spirit, all glory and honor is yours,



## THE LORD'S PRAYER

All stand

At the Savior's command and formed by divine teaching, we dare to say:

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Savior, Jesus Christ.

#### For the kingdom, the power and the glory are yours, now and for ever.

Lord Jesus Christ, who said to your Apostles: "Peace I leave you, my peace I give you," look not on our sins, but on the faith of your Church, and graciously grant her peace and unity in accordance with your will, who live and reign for ever and ever.

#### Amen.

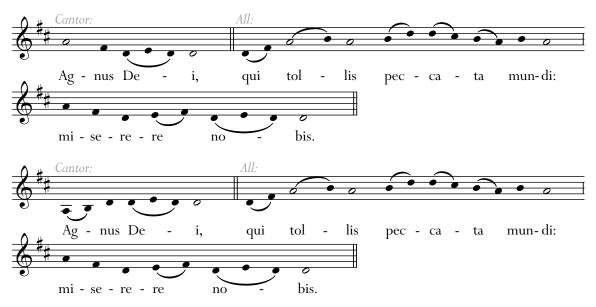
The peace of the Lord be with you always.

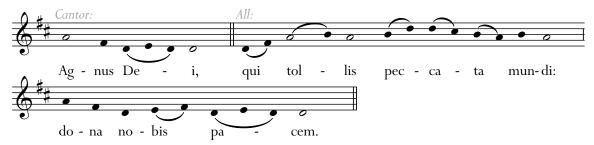
## And with your spirit.

Let us offer each other the sign of peace.

All exchange a sign of peace

#### **AGNUS DEI**





Music: Gregorian Chant, Missa XVII, thirteenth century

#### Invitation to Communion

All kneel

Behold the Lamb of God, behold him who takes away the sins of the world. Blessed are those called to the supper of the Lamb.

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

#### COMMUNION

*The choir sings:* 

Qui biberit aquam, quam ego do, dicit Dominus Samaritanae, fiet in eo fons aquae salientis in vitam aeternam.

- V. Omnes sitientes, venite ad aquas, et qui non habetis argentum, properate, emite, et comedite.
- V. Quare appenditis argentum non in panibus, et laborem vestrum non in saturitate? Audite, audientes me, et comedite bonum, et delectabitur in crassitudine anima vestra.
- V. Gloria Patri...

Whoever drinks the water that I give, says the Lord to the Samaritan, it will become in him a spring of water welling up to eternal life.

- V. All you who are thirsty, come to the waters; and you who have no money, come, buy and eat!
- V. Why spend money on what is not bread, and your labor on what does not satisfy? Listen, listen to me, and eat what is good, and your soul will delight in the richest of fare.
- V. Glory be...

Antiphon: John 4:13–14. Versicles: Isaiah 55:1a, 2, 3
Music: Dominican Chant

MOTET (Saturday) The choir sings:

Ave verum corpus, natum de Maria Virgine, vere passum, immolatum in cruce pro homine cuius latus perforatum fluxit aqua et sanguine: esto nobis praegustatum in mortis examine.

O Jesu dulcis, O Jesu pie,
O Jesu, fili Mariae. Miserere mei. Amen.

Hail, true Body, born of the Virgin Mary, having truly suffered, sacrificed on the cross for mankind, from whose pierced side water and blood flowed: be for us a foretaste [of the Heavenly banquet] in the trial of death! O sweet Jesus, O holy Jesus, O Jesus, son of Mary, have mercy on me. Amen.

Words: 13th century Music: William Byrd

MOTET (10 a.m.) The choir sings:

Like as the hart desireth the waterbrooks, so longeth my soul after thee, O God. My soul is athirst for God, yea, even for the living God; when shall I come to appear before the presence of God? My tears have been my meat day and night, while they daily say unto me, Where is now thy God?

Words: Psalm 42:2–4 Music: Herbert Howells

#### PRAYER AFTER COMMUNION

All stand

Let us pray. As we receive the pledge of things yet hidden in heaven, and are nourished while still on earth with the Bread that comes from on high, we humbly entreat you, O Lord, that what is being brought about in this mystery may come to true completion. Through Christ our Lord.

Amen.

## THE CONCLUDING RITES

### PRAYER OVER THE PEOPLE

The Lord be with you.

And with your spirit.

Bow down for the blessing.

All bow

Direct, O Lord, we pray, the hearts of your faithful, and in your kindness grant your servants this grace: that, abiding in the love of you and their neighbor, they may fulfill the whole of your commands. Through Christ our Lord.

Amen.

May almighty God bless you, the Father, and the Son, and the Holy Spirit.

Amen.

Go forth, the Mass is ended.

Thanks be to God.

#### PRAYER TO ST. MICHAEL THE ARCHANGEL

All kneel

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls. Amen.

HYMN

All stand and sing:

Pange lingua gloriosi

St. Michael Hymnal 707