



The Fridge Sheet

Game Night:

- Pick a night of the week to play your family's favorite card or board game together. Is it possible to play even a couple minutes without rules? Give it a try! How do the rules help us have fun together?

Turkey, Pie, and So Much More:

- To practice prayers of thanksgiving, create a "gratitude jar". On a notecard, write down something you are grateful for & add it to the jar. Before dinner, read one or two cards & thank God during your before-meal prayer. Here's a good before-meal prayer, "Bless us O Lord, and these, thy gifts, which we are about to receive, from Thy bounty, through Christ, our Lord. Amen."