



L'ALTO: HIGH SCHOOL ADVENTURE WEEKENDS, 2021-2022

What are adventure weekends?

On the **second weekend of each month we will not have our usual Sunday night youth event**. Instead, each of our L'alto: Groups (small groups of approximately 12 teens and their small group leaders) **will coordinate its own offsite event**, led by the small group leaders. These offsite events will run from October through April.

What will L'alto: Groups do on these Adventure Weekends?

Guided by the pillars of the Dominican life, our L'alto: Groups could choose to do **one of four things on their Adventure weekends: Pray, Play, Serve, or Study**. Each group, guided by its leaders, will choose the option that makes the most sense for that group. Here are some possibilities:

- Play: Ultimate Frisbee at a local park, hike at French Park or Redbird Hollow, go bowling, play volleyball, have a board game night.
- Pray: go to Mass and breakfast, choose a new location to go to Mass (e.g. St. Peter in Chains, Old St. Mary's, St. Francis Seraph), go to Eucharistic Adoration together, pray a rosary for the group's intentions.
- Serve: Do a canned food drive, contact the Pregnancy Center East, serve at Matthew 25 Ministries or one of the food banks in our area, find an elderly neighbor in need of assistance with his or her yard.
- Study: choose a topic and invite a guest speaker or find a good article/video/podcast, hold your regular small group over pizza at a group member's house or coffee at a local restaurant.

How will we know what our group is doing?

Leaders will work with their small group to pick their event, communicate it to parents and myself (Walter), and let everyone involved know what to bring and be prepared for.

When will these Adventure events happen?

These events are a bit more flexible in timing than our usual youth nights, and based on the preference of the group members **can take place any time between Friday evening and Sunday evening** (again, at the discretion of the group leader and participants) on the second weekend of each month.

Why are we doing this?

We've named our ministry L'alto:High School to highlight the call to Christian maturity for our young people. The word *l'alto* is Italian for "the heights," and we want to invite our young people to the heights of a relationship with Jesus Christ. That maturity of relationship always means going out into the world. Our hope is that, along with healthy and Christ-centered adult mentors and their peers, we would be able to send our young men and women out into the world to be salt and light, to be leaven for the world, witnesses to the love of Jesus Christ.

Questions?

Please let me know! Send your emails, phone calls, and carrier pigeons my way, or come visit me in person!

God bless,

Walter Plummer

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